CYA

Court Youth Advocate Program

Quarterly Newsletter

Fall 2020

Welcome Our New Volunteers!

Kayla Jackson
Mandi Eggert

Volunteer Birthdays
September-December

October 19	Lauren Salazar
October 22	Juanita Akins
November 12	Michael Bohacek
November 22	Ryan Reynolds
December 12	Julie Martinez-Smith
December 23	Kitty Mauer
December 27	Michael Walker

We are Back in the Office!

CYA is back in the office full time! We're excited to be back in the swing of things and continue to serve the youth of our community, aside of you, our volunteers.

The CYA Program for the last seven years has helped youth within the juvenile justice system and those within the day reporting program. We're ecstatic to announce our newest expansion of our program that will help those struggling with tardiness or failing grades within the classroom and on e-learning. These students will be referred to us through the assistant principles or counselors of the schools. With our volunteers help, we can assist students in getting back on track in school!

We hope everyone is as excited as we are to continue to help youth who need it and feel free to come visit us at our office by appointment! Reach out to Brenda or Kayla to set up a time to come in. You can also call our office and type in our new extensions: Brenda-107 and Kayla-106.

Skills for Mentors

According to the Center for Health Leadership and Practice and Michigan State University, there are key skills that mentors should possess. Each newsletter we will go over a new skill to help in your mentoring!

Building Trust

Trust is built over time. Especially when working with youth who are used to not being listened to. With these tips, building trust with your mentee will come easier.

How to Build Trust

- Keep your conversations and other communications with your mentee confidential.
- Honor your scheduled meetings and calls.
- Give your mentee voice and choice in deciding activities. Provide a range of activity choices for youth. Youth feel more invested in the relationship if they can exercise some control.
- Let the mentee have control over what you talk about and how you talk about it. Be sensitive to their cues. Don't push your mentee for information or hit them with rapid-fire questioning.
- Most importantly, respect the trust your mentee places in you. Respond to them in ways that show you see their side of things, giving advice sparingly.

Final Notes

- Join us for our virtual 30th Anniversary Gala on November 13, 2020 at 7 PM CST. We will feature success stories from CYA volunteers and youth they have helped!

- We'll be doing a fall check in on our CYA volunteers! Please look for our call and be sure to get back to us as soon as it's convenient for you. We look forward to catching up with all of our amazing volunteers!